Hygiene plan

Nail studio

Business

Valid from

Area	What	When	With what, how	Who
Hands	Hand disinfection	Before and after every client, after taking off gloves	Alcohol-based hand rub from a dispenser	Everyone
Hands	Wash and moisturise	Before starting work, when dirty, after breaks and after using the toilet	Liquid soap, disposable paper towels, hand cream	Everyone
Disposable gloves	Wear	On contact with blood, broken skin or mucous membranes, and when handling disinfectants	A fresh pair for every client, then hand disinfection	Everyone
Work surface	Wipe clean and disinfect	After every client	Surface disinfectant with proven efficacy (e.g. tested to BS EN 1276 or BS EN 13697)	Practitioner
Files, buffers, orangewood sticks	Use once or disinfect	After every client	Give items that cannot be disinfected to the client or throw them away	Practitioner
E-file bits	Clean and disinfect	After every client	Clean with a brush, instrument disinfectant, store dry	Practitioner
Instruments that do not break the skin (tweezers, spatulas, brushes)	Clean and disinfect, store dry	After every client	Instrument disinfectant as an immersion bath or by wiping	Practitioner

Area	What	When	With what, how	Who
Dust extraction	Change the filter, clean the unit	As the manufacturer specifies	Filter as specified by the device manufacturer	Owner
Towels, gowns	Change and wash	After every client	Disinfecting wash cycle or the temperature on the care label; store clean and covered	Practitioner
Sharps	Dispose of	Immediately after use	Puncture-resistant sharps container that can be closed	Everyone
Consumables	Store	Ongoing	Dry, protected from dust, apart from used items; check expiry dates	Owner
Cut or needlestick injury	Treat the wound, record the incident	Immediately	First aid kit, skin antiseptic, plasters; after an injury from a used instrument, get medical advice	Everyone
Floor	Clean	Daily; hair after every client	Damp mop	Everyone

Products, concentrations and contact times as stated by the manufacturer. Review the plan at least once a year and whenever equipment or treatments change; brief the team on it once a year and before anyone new starts.

Reviewed and team briefed on
