Hygiene plan

Beauty studio

Business

Valid from

Area	What	When	With what, how	Who
Hands	Hand disinfection	Before and after every client, after taking off gloves	Alcohol-based hand rub from a dispenser	Everyone
Hands	Wash and moisturise	Before starting work, when dirty, after breaks and after using the toilet	Liquid soap, disposable paper towels, hand cream	Everyone
Disposable gloves	Wear	On contact with blood, broken skin or mucous membranes, and when handling disinfectants	A fresh pair for every client, then hand disinfection	Everyone
Work surface	Wipe clean and disinfect	After every client	Surface disinfectant with proven efficacy (e.g. tested to BS EN 1276 or BS EN 13697)	Practitioner
Couch, treatment chair	Change the cover, disinfect contact surfaces	After every client	Disposable couch roll, surface disinfectant	Practitioner
Instruments that do not break the skin (tweezers, spatulas, brushes)	Clean and disinfect, store dry	After every client	Instrument disinfectant as an immersion bath or by wiping	Practitioner

Area	What	When	With what, how	Who
Instruments that can break the skin (lancets, comedone extractors)	Use a single-use item, or clean, disinfect and sterilise	After every use	Sterile single-use item, or sterilisation as the rules where you work require	Practitioner
Skin before a treatment that breaks it	Skin antisepsis	Before every treatment that breaks the skin (e.g. extractions with a lancet)	Skin antiseptic, contact time as stated by the manufacturer	Practitioner
Wax	Never double-dip the spatula	Every treatment	Single-use spatulas; wax that has touched a client never goes back in the pot	Practitioner
Towels, gowns	Change and wash	After every client	Disinfecting wash cycle or the temperature on the care label; store clean and covered	Practitioner
Waste with blood on it	Dispose of	Daily	Tear-resistant bag, tied shut	Everyone
Sharps	Dispose of	Immediately after use	Puncture-resistant sharps container that can be closed	Everyone
Consumables	Store	Ongoing	Dry, protected from dust, apart from used items; check expiry dates	Owner
Cut or needlestick injury	Treat the wound, record the incident	Immediately	First aid kit, skin antiseptic, plasters; after an injury from a used instrument, get medical advice	Everyone
Floor	Clean	Daily; hair after every client	Damp mop	Everyone

Products, concentrations and contact times as stated by the manufacturer. Review the plan at least once a year and whenever equipment or treatments change; brief the team on it once a year and before anyone new starts.

Reviewed and team briefed on